

Extraordinary Women

Schedule

Saturdays 9:00 AM- 3:00 PM

January 13, & 27, 2007

February 10, 2007

March 3, & 17, 2007

April 14, & 28, 2007

May 5, 2007

Total cost \$ 200.00

Payment schedule \$25.00 per date



Fresh Spirit Wellness, Inc
"Where the Hurt Turns to Healing"

Extraordinary Women

Unit One: Life Enrichment

- EW 101: A Woman and Her God: Prayer, Devotion, and the Spiritual Life: Beth Moore
 - EW 102: A Woman & Her Body: Fitness, Diet, Beauty, & Healthy Living: Katherine Hart Weber
 - EW 103: A Woman's Soul: Self-Concept, Identity, and Fulfillment: Sandy Wilson
 - EW 104: A Woman's Ministry: Sharing the Faith and Growing the Church: Jill Briscoe
 - EW 105: A Woman's Finances: Finding and Keeping Financial Freedom: Mary Hunt
 - EW 106: A Woman's Personality: Understanding Yourself and Others: Florence Littauer
- Unit One Exams

Unit Two: Life Transitions

- EW 201: Being a Godly Woman: Just Between Us Girls: Kathleen Hart
 - EW 202: "I'm in Love!: Dating and Preparing for Marriage: Leslie Parrot
 - EW 203: Fifty is Gold!: Life Through and Beyond Menopause: Dr. Joseph and Mary Ann Mayo
 - EW 204: Seasons of a Woman's Life: Freda Crews
 - EW 205: A Woman's Guide to Handling Conflict: Leslie Vernick
 - EW 206: Living Beyond Your Circumstances: Joni Eareckson Tada
- Unit Two Exams

Unit Three: Life Problems

- EW 301: Women and Depression: Michael Lyles, M.D.
 - EW 302: Managing Stress and Overcoming Anxiety: David Hager, M.D., and Linda Hager
 - EW 303: "I've Got to Get Control!": Body Image and Eating Disorders: Linda Mittle
 - EW 304: On the Threshold of Hope: Healing from Sexual Abuse: Diane Langberg
 - EW 305: "No More!" Standing Against and Healing Spousal Abuse: June Hunt
 - EW 306: Unity in the Church: With One Heart: Thelma Wells
- Unit Three Exams

Unit Four: Marital Life

- EW 401: Make Your Marriage a Great Marriage!: Barbara Rosberg
 - EW 402: Female Sexuality and Satisfaction: Joyce Penner
 - EW 403: Spiritual Intimacy: Embracing the Heart of God in Marriage: Julie Clinton
 - EW 404: Beyond Betrayal: Laurie Hall
 - EW 405: Talk, Touch, and Tenderness in Marriage: Carrie Oliver
 - EW 406: A Marriage without Regret: Kay Arthur
- Unit Four Exams

Unit Five: Family Life

- EW 501: "Always Daddy's Girl!": The Influence of Your Family of Origin: Barbara Schaffer
 - EW 502: Mothering Strategies to Help Kids Through Changing Times: Lisa McMinn
 - EW 503: Encouragement and Strategies for Single Moms: Sharon Hart Morris
 - EW 504: Passing On Your Faith without Turning Off Your Kids: Connie Neal
 - EW 505: Beyond the Empty Nest: Claudia Arp
 - EW 506: A Woman's World: What's for Sale in the Marketplace of Ideas: Janet Parshall
- Unit Five Exams