



Fresh Spirit Wellness, Inc.

"Where the Hurt Turns to Healing"

In today's world there are many hurting people, know that God isn't through with you yet!

Come and refresh your spirit!

Christian Counseling services:

- Grief Therapy
- Pre-Marital Counseling
- Marriage Counseling
- Adolescent Counseling
- Self Tactics (Self-Awareness, Self-Esteem)
- Depression
- Anger Management
- Women Support Groups
- Individual/Family Counseling

Other Services:

- GED courses
- **AACC (American Association of Christian Counseling)**
Christian Counseling training for
Lay Counselors/Pastoral Counseling
- **Jacksonville Theological Seminary**
Associates, Bachelors, Masters, and Doctorate degrees
offered in Biblical Studies, Ministry, Christian Education,
Christian Counseling, Divinity, and Theology

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